## **Greater Lansing Area Free Breastfeeding Support**

**East Lansing La Leche League** lalecheeastlansing.com **Meetings** 1st Thursday 6:30 pm, First Christian Church, 1001 Chester Road, Lansing, just west of Frandor

3rd Thursday 6:30 pm, Willow Tree Family Center 3333 S Pennsylvania Ave #101, Lansing, MI 48910

#### **Group Leaders**

Laura laura@ericsprojects.com Jodi (517) 648-0432 Lindsey (586) 801-3763 lindseylaforte@gmail.com

**Delta Waverly La Leche League** Illdeltawaverly.weebly.com **Meetings** 1st Tuesday 6:30 pm, McLaren Lansing 401 West Greenlawn

Avenue, Lansing, MI 48910

2<sup>nd</sup> and 4<sup>th</sup> Wednesday 10 am and 3<sup>rd</sup> Tuesday 6:30 pm, Delta Presbyterian Church, 6100 W. Michigan Ave., Lansing MI

### **Group Leaders**

Mary Ann Collins Martin (517) 321-1818 rt\_marti@sprynet.com Alexia Mansour (248) 766-6988 aliwayout@yahoo.com Jessi Thomas (989) 598-4404 JDelliBovi827@aol.com

**WIC Breastfeeding Help Line** Leave a message 24/7. A Breastfeeding Peer Counselor will return your call. (517) 887-4543 **Ingham County Health Department** Public Health Nurse home visits for breastfeeding support. Medicaid-eligible clients (517) 887-4322

**Capital Area Baby Café** Drop in breastfeeding support, Wednesdays 10 am-12 pm, Pennway Church of God 1101 E. Cavanaugh Lansing, MI 48910

Thursdays 1 pm-3 pm Ingham County Health Department 5303 S. Cedar St. Lansing, go in Door 3 and up to the 2nd floor to the WIC Information Mall, call EPO for more info (517) 337-7365 facebook.com/capitalareababycafe

**Black Breastfeeding Sisterhood** FREE mother-led breastfeeding support group, 1<sup>st</sup> and 3<sup>rd</sup> Mondays, 3 pm– 5pm, Willow Tree Family Center 3333 South Penn. Lansing, MI, park in the back (586) 806-9832 or (517) 420-5421

**Breastfeeding in East Lansing Facebook Support Group** send email to breastfeedingeastlansing@gmail.com

Capital Area

Breastfeeding Coalition

Capital Area Breastfeeding Coalition | mibreastfedbaby.com

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